

# Targeted Goal-Setting Form

Guidelines for setting goals:

- ✓ Be as specific as you can
- ✓ Make your goals realistic
- ✓ Make goals compatible with your values
- ✓ Prioritize your goals
- ✓ Set timelines with each goal
- ✓ Use action words (i.e., learn, research, obtain, use, compile, earn, investigate, etc.)
- ✓ Consider any sacrifices necessary to reach your goals

Targeted goal categories offer you ideas for your individual CareerPlan goals. Use any or all of these, add to each of them and create more! They can bring clarity, energy and purpose to your GPS LifePlan.

## **Decision-Making Goals**

Meet with my counselor or advisor:

Work on and/or Finish CareerPlan:

Declare my major/area of study:

Declare my transfer plans:

Others:



## **Career Goals**

Conduct informational interviews:

- 1.
- 2.
- 3.

Secure an internship or other work experience:

My career options or possibilities:

Write a resume draft:

Others:

## **College/School Goals**

Name of program/major/minor:

Average load of credits per semester:

Target cumulative GPA:

Planned graduation date:

If transferring, where to apply to and deadline:

Others:



**Semester Goals**

Target semester GPA:

Papers by course (include date due):

Tests by course (include date):

Projects by course (include date due):

Date to have my classes schedule for next semester decided:

Date to register for next semester by:

